



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GET A 6-PACK! PERSONAL TRAINING HOLIDAY GIFT SALE

LAKELAND HILLS FAMILY YMCA

BUY 1 PERSONAL TRAINING 5-PACK AND GET 1 SESSION FREE!

It happens just once a year, so get yours now!

Personal training sessions are the perfect gift to give and to get!

WHEN

December 15 - January 17

PURCHASE

Buy your 6-pack at the member services desk in the main lobby of the Y

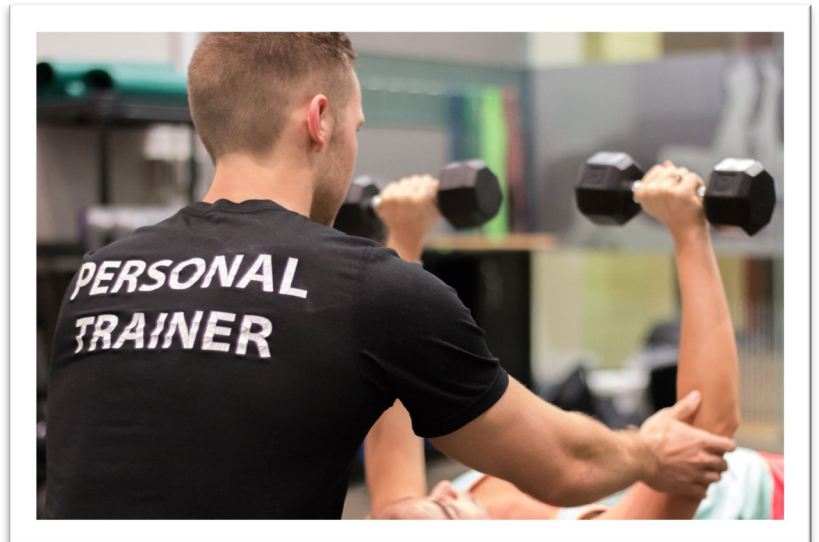
Limit one per person

CONTACT

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