

2019-2020 LHY BASKETBALL LEAGUE

RULES BY DIVISION

	Kindergarten- 1 st	1 st nd – 2 nd	3 rd - 4 th
Hoop Height	8ft	9ft	10ft
Ball size	Jr	28.5"	28.5"
Pressing	None	None	None
Defense	Zone 2-1-2	Zone 2-1-2 or 2-3	Zone 2-1-2, 2-3 or half-court man on man
Timing	25 minutes of instruction followed by four- six-minute quarters	15 minutes of warmup/instruction four- eight Minute quarters	10 min Warm up. four-ten-minute quarters
Subs	At specific sub time	At specific sub time	Any Dead Ball
Clock	Running	Running	Stops on fouls and out of bounds
Rule Interpretation (applies to travel, double dribble, back court, etc.)	Very loose, players will be issued two warnings before a whistle which will be followed by a rule explanation	Moderate, one warning followed by rule explanation	Call it as we see it, no warnings, but some leeway will be given
Three seconds	None	None	Yes, after warning
Foul outs	No	No	No

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