



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YAY! SPRING KIDS CLASSES ARE BACK AND OPEN TO EVERYONE! LAKELAND HILLS FAMILY YMCA



Junior Parkour Class **Saturdays 9:15 AM -9:45 AM**

4-6 YEARS OLD

Y-MEMBERS - \$68 | NON-MEMBERS - \$102

A great chance for our preschoolers to enjoy the fun of our popular Parkour class specified for their age group. Participants will have a blast climbing, swinging, jumping, and rolling as they navigate through, over, and under equipment in a safe, fun environment.

Sports & Games Class **Saturdays 10:00 AM - 11:00 AM**

7-10 YEARS OLD

Y-MEMBERS - \$72 | NON-MEMBERS - \$108

This is a great opportunity for your child to learn and play different sports each week in a fun and encouraging environment. In addition to traditional sports like soccer and Capture the Flag, unique new games like Archery Tag, Tchoukball and Inflatable GA-GA will be offered to spark your child's interest in getting active!

Beginner Ballet **Saturdays 10:15 AM -10:45 AM**

4 - 6 YEARS OLD

Y-MEMBERS - \$68 | NON-MEMBERS - \$102

Children will be introduced to ballet terminology, positions, and movements as they learn floor and barre exercises, set to both modern and classical music.

Ballet **Saturdays 10:45 AM -11:30 AM**

7-10 YEARS OLD

Y-MEMBERS - \$72 | NON-MEMBERS - \$108

Children will be introduced to ballet terminology, positions, and movements as they learn floor and barre exercises, set to both modern and classical music.

Swim Lessons and Parent/Child Swim Classes

We teach the world to swim! Children's swim classes, all levels, and parent and child classes are being held with 4 participants per class on various days and times. See the online schedule for all the details.

[Program Registration | YMCA Counter \(lakelandhillsymca.com\)](http://lakelandhillsymca.com)



LAKELAND HILLS FAMILY YMCA

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YPEBEBALLET, YPEBALLET