



## LHY Adventure Weekend to Frost Valley YMCA

October 20<sup>th</sup> – October 22<sup>nd</sup>, 2023

Please fill out the name and age of all participants in your party and room you are signing for, yourself included.  
If sharing a room with another family, you need only sign for yourself and your child.

Participant 1: \_\_\_\_\_ Age \_\_\_\_\_

Participant 2: \_\_\_\_\_ Age \_\_\_\_\_

Participant 3: \_\_\_\_\_ Age \_\_\_\_\_

Participant 4: \_\_\_\_\_ Age \_\_\_\_\_

### AGREEMENT

1. I, the undersigned guardian having legal custody/guardianship of the above said minor(s), give permission for them to participate in all activities.
2. I understand that I am responsible for the minor(s) that are listed in my party. Direct supervision of children under the age of 12 is required at all times.
3. I am aware that participating in any outdoor activities can be dangerous, involving many risks of injury including, but limited to: neck injuries, spinal injuries, and death.
4. I assume all risk(s) and hazards associated with participation in this program and will not hold the Lakeland Hills or the Frost Valley YMCA or its staff liable.
5. I authorize the Lakeland Hills and Frost Valley YMCA and its staff to obtain medical treatment for said minor in the event that a parent or emergency contact cannot be reached.
6. I will be responsible for any medical or other charges in connection with my child's involvement in the program.
7. I support the Lakeland Hills Family YMCA Youth Program philosophy which encourages fun, safety, participation, physical fitness, health, skill development, teamwork, fair play, and positive family involvement.
8. I hereby give consent to the Lakeland Hills and Frost Valley YMCA, to allow photographs of said minor and that they may be used in the future for advertising purposes.
9. I will make sure my party is respectful of the property we are staying at, including the understanding that quiet hours are 10:00pm to 7:00am. The Lakeland Hills and Frost Valley YMCA reserves the right to ask participants to vacate the premises and forfeit the fees paid.
10. I understand that alcohol is allowed only in the privacy of the group lodging at the Lakeview Lodge and will be respectful and responsible if I choose to bring and consume alcohol.
11. I understand that the Lakeland Hills and Frost Valley YMCA assume no responsibility for property brought onto the trip. Lost and found items can be mailed from Frost Valley, at the owner's expense.
12. I understand that smoking is not permitted in any Frost Valley building. As a courtesy, guests smoking or vaping are not allowed in program areas or within 50 feet of buildings.
13. I understand that no knives or weapons of any kind are allowed at Frost Valley YMCA.
14. I understand swimming or wading in any body of water on property is not permitted.
15. I understand outdoor campfires are to be built in designated and established fire circles only. All fires are to be attended constantly. Firewood from any location other than Frost Valley is prohibited.
16. I understand pets are not permitted on Frost Valley YMCA premises at any time.
17. I understand that Frost Valley YMCA is home to diverse wildlife including black bears, white tailed deer, coyotes, porcupines, and raccoons. I agree to storing food inside vehicles, composting food waste in the Dining Hall, and disposing of trash properly.
18. I understand that this signed waiver must be returned before the program starts to complete my registration for my family to participate in the program.
19. I have read this waiver and agree to the contents.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date